



Namaste Yoga of Kensington Now Offers Personal Training w Kaseedee Training Packages

Want just one session???

30 minute session -- \$25

60 minute session -- \$35

Want one session a week for a month???

30 minute session -- \$100

60 minute session -- \$120

Want two sessions a week for a month???

30 minute session -- \$200

60 minute session -- \$225

Want sessions to use as you would like???

6- 30 minute sessions -- \$150

6- 60 minute sessions -- \$200

12- 30 minute sessions -- \$275

12- 60 minute sessions -- \$400

25- 30 minute sessions -- \$600

25- 60 minute sessions -- \$800

Want to work out with friends???

\$25 a person for 60 minute session 2-5 people

Bridal, Reunion and other special event packages available, contact for more info

To set up training sessions:

Call Kaseedee 585-259-4835 or Namaste Yoga 347-533-6226

or email

coachkaseedeej@gmail.com

Wanna save 10% on training packages**? Visit and like our Facebook pages:

www.facebook.com/coachkaseedeej

www.facebook.com/namasteyogakensington

**first time clients only